

NAVIGATING HOMEWORK

"Homework time should not be a time of stress or pressure.

It should be a pleasant time when parents provide encouragement and offer help if their child needs it." (Triple P Parenting) Here are some tips to foster a good homework routine.

- 1 Let your child relax after school. Offer a snack and talk about their day.
- 2 Set a time and a place to do homework that fits your families schedule.
- 3 Help your child get started.
- 4 Praise their efforts and prompt them to problem solve.
- 5 Show an interest in their work and share something positive about it.
- 6 If problems persist - talk to your child's teacher for assistance.